



## Allergen Chart

- A. For prepackaged foods, please find in the following table relevant allergens information.
- B. For non-packaged foods, due to the use of common areas and shared equipment in the preparation, display and service in the store, we cannot guarantee that these products are free from the following categories of allergens:
  1. Cereals, containing gluten, namely: wheat, rye, barley, oats and products thereof.
  2. Crustaceans and products thereof (shrimps, lobsters, shells etc).
  3. Eggs and products thereof.
  4. Fish and products thereof.
  5. Peanuts and products thereof.
  6. Soybeans and products thereof.
  7. Milk and products thereof (including lactose).
  8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, brazil nuts, pistachio nuts, macadamia or queensland nuts and products thereof.
  9. Celery and products thereof.
  10. Mustard and products thereof.
  11. Sesame seeds and products thereof.
  12. Sulphur dioxide and sulphites.
  13. Lupin and products thereof.
  14. Molluscs and products thereof.
- In case of suffering from an allergy or intolerance that is not described in the above 14 categories, please inform us before ordering, calling at 2610643679 or 2102603175.

## Allergens



### Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Espresso Master Blend 250g

Espresso Volcano Blend 250g

Espresso Silk River Blend 250g

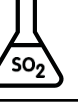
ESPRESSO CLASSICO 250gr

DECAF Silent Breeze 200g

DECAF Caramel Breeze 200g

MICROFARM PAPUA NEW GUINEA  
KINDENG 200g

## Allergens



### Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Greek Coffee Special 170g

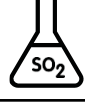
Greek Coffee Traditional 170g/84g

Greek Coffee Dark Roast 170g

Greek Coffee Decaf 170g

Greek Coffee Light 170g

## Allergens



## Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Filter Coffee Dream Blend 250g

Filter Coffee Deja Vu Blend 250g

Filter Coffee Classic 250g

Hazelnut flavored Filter Coffee 200g

Caramel flavored Filter Coffee 200g

Bueno flavored Filter Coffee 200g

Banoffee flavored Filter Coffee 200g

Maraschino flavored Filter Coffee  
200g

Decaf Caramel Filter Coffee 200g

### Allergens



### Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

SINGLE ESTATE COLOMBIA CHOCO-  
NUTTY RICHNESS 200g

SINGLE ESTATE ETHIOPIA GUJI  
WATERCARE 200g

SINGLE ESTATE BRAZIL ALTA  
MOGIANA MELLOW CUP 200g

SINGLE ESTATE PERU SANTA TERESA  
CEDAR DELIGHT 200g

SINGLE ESTATE RWANDA WOMEN'S  
BLOSSOM 200g

SINGLE ESTATE MEXICO VILLA  
CORZO DECAF 200g

SINGLE ESTATE COLOMBIA HUILA  
200g

## Allergens



### Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Aluminium Capsules Espresso Serenity  
(10 pcs)

Κάψουλες Αλουμινίου Espresso  
Indonesia Organic (10 pcs)

Aluminium Capsules Espresso Caramel  
(10 pcs)

Aluminium Capsules Espresso Bliss (10  
pcs)

Aluminium Capsules Espresso Peru (10  
pcs)

Aluminium Capsules Espresso Colombia  
(10 pcs)

Aluminium Capsules Espresso Euphoria  
(10 pcs)

Aluminium Capsules Espresso Affection  
(10 pcs)

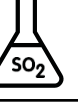
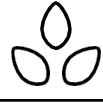
Aluminium Capsules Espresso Decaf  
(10 pcs)

Aluminium Capsules Espresso Vanilla  
(10 pcs)

Aluminium Capsules Espresso Banoffee  
(10 pcs)

Aluminium Capsules Espresso  
Panettone (10 pcs)

## Allergens



### Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Instant Classic 100g

Instant Caramel Flavored 100g

Coffeiccino Classic 200g

Chocolate Beverage 250g

Chocolate Beverage Sugar Free 250g

Chocolate Beverage White 250g

Hazelnut Flavored Chocolate Beverage  
250g

Salted Caramel Flavored Chocolate  
Beverage 250g

Chocolate Beverage Strawberry 250g

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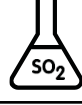
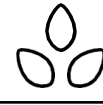
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### Allergens



### Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Pyramid Green Tea (10 pcs)

Pyramid Earl Grey (10 pcs)

PACKAGED HERBS AND SPICES  
PYRAMIDS - GINGER BLEND (10PCS)

PACKAGED PYRAMIDS OF HERBS  
AND SPICES - CINNAMON SPICY  
(10PCS)

PACKAGED HERBS AND SPICES  
PYRAMIDS - FRUITY MELODY (10PCS)

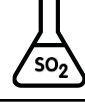
PACKAGED HERBS AND SPICES  
PYRAMIDS - RED BERRIES (10PCS)

PURE HAPPINESS (10 ENVELOPES)

PURE PEACE (10 ENVELOPES)

PURE SYMMETRY (10 ENVELOPES)

## Allergens



## Coffee Shop

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

BARU Vanilla chai latte 250g

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BARU Golden chai latte 250g

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BARU Pink chai Latte 250g

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BARU Pumpkin spice latte 250g

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BARU Matcha Latte 250g

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**Food (Prepacked)**

## Allergens



## Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Croissant with Hazelnut Praline



High Protein Oat Bar with Honey,  
Yogurt & Cranberries



Oat Bar with Orange & Cocoa



Oat Bar with Cocoa & Hazelnut



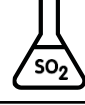
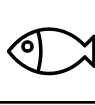
Biscuits Stuffed with Praline



CAMELIZED NUTTY CUBES



## Allergens



### Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

PEAN'UP Wafer with Peanut Butter  
Filling & Cocoa Cream 45g



PEANUT ROLLS NO ADDED SUGAR  
50g



Soft Cookie with Chocolate Chips



Feta Cake with Vanilla & Cocoa Flavor



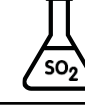
Nut Bar with Hazelnut, Cocoa & Raisins



Nut Bar with Peanut, Chocolate Drops  
& Dates



## Allergens



## Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Tsourekaki with hazelnut praline filling



Protein Bar Peanut and milk chocolate



Digestive bar with milk chocolate



ORGANIC HONEY & PISTACHIO  
PASTELI



Butter Cookies with Almond Crocan



ION Milk Chocolate Sticks with  
Almonds



ION Milk Chocolate Sticks



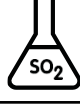
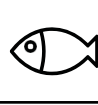
PROTEIN BAR SALTED CARAMEL



NUTRI BAR PEANUT BUTTER



## Allergens



### Food (Prepacked)

Celery

Cereal (Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk (Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur Dioxide

Arabic Pita with Chicken, Parmesan and Vegetables

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Croissant with Turkey, Edam and Mayonnaise

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Caesar's salad

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Arugula Parmesan Salad

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Sourdough White Baguette with Turkey, Edam and White Sauce with Pickled Cucumber

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Croissant with Smoked Pork, Cheese and Mustard

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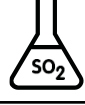
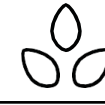
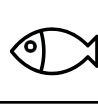
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## Allergens



## Food (Prepacked)

Celery

Cereal (Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk (Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur Dioxide

Multigrain Baguette with Turkey, Gruyere & Sauce with Pickled Cucumber

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Chiapata with Chicken, Cheddar, Red Peppers & Honey Mustard Sauce

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Sourdough Whole Wheat Toast with Banana, Honey & Peanut Butter

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Sourdough Whole Wheat Toast with Turkey, Edam & Thyme Sauce

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Strained Yogurt with Honey, Granola and Forest Fruits

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Tortilla with turkey, cheese and mayonnaise

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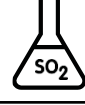
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● : Allergen present    • : Allergen traces may be present

## Allergens



### Food (Prepacked)

Celery

Cereal (Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk (Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur Dioxide

Panini Bun with Chicken Nuggets, Edam Cheese and Caesar's Sauce

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Sourdough Toast with Cheese, Pork Shoulder and Yellow Sauce

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Arabic Pita with Turkey, Iceberg and Cream Cheese

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Arabic Pita with Chicken, Caesar's Sauce and Parmesan Flakes

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Panini with Chicken, Edam and Caesars's Sauce

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Viennese with Pork Shoulder, Edam and Ranch Sauce

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Sourdough Multigrain with Turkey, Edam and Mayonnaise

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Σαλάτα του Chef

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Yogurt Dessert with Honey and Walnuts

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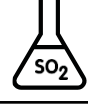
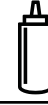
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## Allergens



### Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Sourdough Toast Whole Omelette Feta

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Toast with Chicken, Edam Cheese and  
Caesar's Sauce

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DAKOS SALAD

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ARABIC FALAFEL PITA AND  
COLESLAW SALAD (CABBAGE,  
CARROT AND VEGAN SAUCE)

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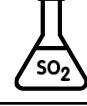
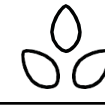
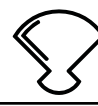
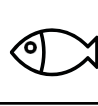
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## Allergens



### Food (Prepacked)

Celery

Cereal (Gluten)

Crustaceans

Eggs

Fist

Lupin

Milk (Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur Dioxide

Sesame bun with turkey, edam cheese and mayonnaise

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White baguette with chicken, iceberg, chicken sauce

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Corn baguette with chicken, parmesan, chicken sauce

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Arabic pita bread with chicken, carrot, cucumber, mayonnaise sauce

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Club whole wheat sandwich with turkey, edam cheese, light mayonnaise

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Club sandwich with chicken, carrot, cucumber, mayonnaise sauce

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Croissant with turkey, edam cheese, light mayonnaise

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BURGER with burger, cheddar, bacon, burger sauce]

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Viennese baguette with chicken nuggets, gruyere, truffle sauce

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Arugula parmesan salad

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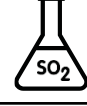
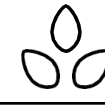
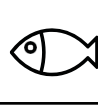
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## Allergens



### Food (Prepacked)

Celery

Cereal (Gluten)

Crustaceans

Eggs

Fist

Lupin

Milk (Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur Dioxide

Caesar salad

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Pasta salad, whole wheat penne with salmon

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Pasta salad, chicken screws, mizithra sauce

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Noodle salad, Thai with chicken

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Arabic pita bread with chicken nuggets, yellow diollo and french sauce

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White baguette with salami, gruyere, light mayonnaise

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Panini with chicken, bacon, parmesan, caesar's sauce

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ZEO sourdough panini with egg, avocado mousse, edam cheese & honey-mustard sauce

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Chicken and basil pesto bows

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Toast with turkey, edam cheese

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## Allergens



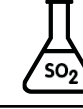
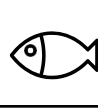
### Food (Prepacked)

	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
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Sourdough panini with chicken fillet, bacon, scrambled eggs, french sauce	•	●		●	•		●		●	•		•	●	
Panini with sourdough with prosciutto, parmesan flakes, cream cheese, arugula and mustard sauce	•	●		●	•		●		●	•	•	•		•
Arabic pita bread with turkey, edam cheese, light mayonnaise	•	●		●	•		●		●	•		•	●	
Pretzel ZEO with mortadella En Elladi, parmesan, basil pesto & pistachio from Aegina	•	●		●	•		●		●	●	●		●	•
Whole wheat slices with turkey, gruyere, mayonnaise sauce with mustard	•	●		●	•		●		●	•		•	●	
Whole wheat club with tuna, iceberg and light mayonnaise	•	●		●	●		●		●	•		•	•	

● : Allergen present    • : Allergen traces may be present

## Allergens



## Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fist

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

Madagascar Vanilla Ice Cream

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Παγωτό Φράουλα

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Kaimaki Sour Cherry Ice Cream

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Yogurt Ice Cream Amarena

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Bueno Ice Cream

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Kiunefe Ice Cream

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Chocolate Ice Cream with Stevia

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Chocolate Parfait Ice Cream

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Cream Parfait Ice Cream

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Caramel Ice Cream

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Tiramisu Ice Cream

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●

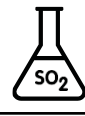
●

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●

### Allergens



### Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

HELL ENERGY CLASSIC  
250ML,500ML

HELL ENERGY APPLE 250ML

HELL ENERGY CHERRY 250ML

HELL ZERO WHITE PEACH 250 ML

XIXO TUTTI FRUITY 250ML

XIXO TUTTI FRUITY APPLE 250ML

XIXO TUTTI FRUITY BLACK CHERRY  
250ML

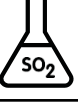
POMEGRANATE-BLUEBERRY-  
RASPBERRY JUICE WITHOUT ADDED  
SUGAR (250ML)

ORANGE-APPLE-CARROT JUICE  
WITHOUT ADDED SUGAR (250ML)

SOUR CHERRY JUICE WITHOUT  
ADDED SUGAR (250ML)

JUICE OF 9 FRUITS WITH 7 VITAMINS  
WITHOUT ADDED SUGAR (250ML)

## Allergens



## Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

VIKOS ORANGE

VIKOS ORANGE carbon-free

VIKOS LEMON

VIKOS CHERRY

VIKOS GAZOZA

VIKOS COLA

VIKOS COLA STEVIA

VIKOS COLA ZERO

VIKOS TONIC

VIKOS SODA

VIKOS PINK GRAPEFRUIT



## Allergens



### Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

VIKOS COOL TEA LEMON

VIKOS COOL TEA PEACH

VIKOS COOL TEA GREEN LEMON  
ZERO SUGAR

μ. PREMIUM ARTISAN LEMON  
CARBONATED WATER

KEFIR

KEFIR STRAWBERRY

KEFIR LACTOSE FREE WITH PEACH

ARIANI

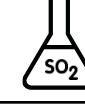
MEVGAL MILK DRINK WITH VANILLA  
HIGH PROTEIN

MEVGAL MILK DRINK WITH BANANA  
HIGH PROTEIN

MILK-CAKE MILKA



## Allergens



### Food (Prepacked)

Celery

Cereal  
(Gluten)

Crustaceans

Eggs

Fist

Lupin

Milk  
(Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur  
Dioxide

TRADITIONAL GOAT YOGURT



STRAINED MEVGAL YOGURT



STRAINED YOGURT 2% MEVGAL



Crème Caramel



Crème Chocolate



HARMONY 1% LEMON



HARMONY 1% STRAWBERRY



HARMONY GOURMET ORANGE &  
CHOCOLATE FLAKES



HARMONY GOURMET SALTED  
CAMEL & BELGIAN DARK  
CHOCOLATE



Politiko Rice Pudding



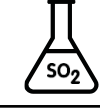
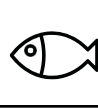
## Allergens



Food (Prepacked)	Allergens													
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Gold Fruit COOKIES VANILLA		●		•			•			•	•	•	●	•
Gold Fruit COOKIES COCOA		●		•			•			•	•	•	●	•
Gold Fruit COOKIES CINNAMON-CRANBERRIES		●					•			•	•	•	•	•
Gold Fruit COOKIES LEMON		●		•			•			•		•	•	•
Gold Fruit COOKIES STRAWBERRY		●		•			●			•		•	•	•
Gold Fruit COOKIES FOREST FRUITS		●		•			•			•		•	•	•
Gold Fruit COOKIES DUBAI STYLE		●		•			•			•	•	•	●	•
Gold Fruit COOKIES WATERMELON		●		•			•			•		•	●	•
Gold Fruit COOKIES SAMPLE MIX		●		•			•			•	●	•	●	•
Gold Fruit mini SOFT COOKIES CHOCOLATE		●		●			•			•		•	•	•
Gold Fruit mini SOFT COOKIES BISCUIT		●		●			•			•		•	●	•

● : Allergen present    • : Allergen traces may be present

## Allergens



### Food (Prepacked)

Celery

Cereal (Gluten)

Crustaceans

Eggs

Fish

Lupin

Milk (Lactose)

Molluscs

Mustard

Nuts

Peanuts

Sesame

Soy

Sulfur Dioxide

Gold Fruit mini SOFT COOKIES RED VELVET



Gold Fruit mini SOFT COOKIES APPLE CINNAMON



Gold Fruit mini SOFT COOKIES SOFT DUBAI



JAR MIX CHEESECAKE



JAR MIX RED VELVET



JAR MIX OREO



JAR MIX BAKLAVA



JAR MIX BANOFFEE



JAR MIX SPECULOOS














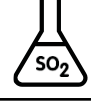


JAR MIX EKMEK



JAR MIX PRALINE



Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
JAR MIX PINK MAMA STRAWBERRY CRUMBLE		●		●		•	●		•	•	•	•	●	●
JAR MIX LEMON		●		•		•	●		•	•	•	•	•	●
JAR MIX PROFITEROL		●		●		•	●		•	•	•	•	●	•
Gold Fruit BREADSTICK SESAME		●		•			●			•		●	●	•
Gold Fruit BREADSTICK SUNFLOWER SEED		●		•			●			•		•	●	•
Gold Fruit BREADSTICK MULTI-SEED		●		•			●			•		•	●	•
Gold Fruit BREADSTICK PRETZEL		●		•			●			•		•	●	•
Gold Fruit BREADSTICK SPINACH		●		•			●			•		•	●	•
Gold Fruit BREADSTICK TOMATO		●		•			●			•		•	●	•
Gold Fruit BREADSTICK CORN		●		•			●			•		•	●	•
Gold Fruit BREADSTICK KEFALOTYRI CHEESE		●		•			●			•		•	●	•

● : Allergen present    • : Allergen traces may be present

## Allergens



Food (Prepacked)	Allergens													
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Gold Fruit BREADSTICK MIX (SPINACH,TOMATO, PRETZEL, SPICY)		●		•			●			•		•	●	•
MINI PANETTONE WITH CHOCOLATE CHIPS (Xmas2025)		●		●			●		•	•			●	
FLAPJACK OAT BAR ORANGE & DARK CHOCOLATE FLAVOURED (Xmas2025)		●					●			•	•		●	●
CINNAMON COOKIE BITES (Xmas2025)		●		•		•	•			•	•	•	●	•
Melomakarona 200gr Cup Xmas2025		●		•			•			●	•	•	•	•
Melomakarona with Milk Chocolate 220gr Cup Xmas2025		●		•			●			●	•	•	●	•
Melomakarona with Bitter Chocolate 220gr Cup Xmas2025		●		•			•			●	•	•	●	•
Kourabies 130gr Cup Xmas2025		●		•			●			●	•	•	•	•
APPLE PIE		●		•			•			•	•	•		

● : Allergen present    • : Allergen traces may be present