

ALLERGENS CHAT



- A. For prepackaged foods, please find in the following table relevant allergens information.
- B. For non-packaged foods, due to the use of common areas and shared equipment in the preparation, display and service in the store, we cannot guarantee that these products are free from the following categories of allergens:
 1. Cereals, containing gluten, namely: wheat, rye, barley, oats and products thereof.
 2. Crustaceans and products thereof (shrimps, lobsters, shells etc).
 3. Eggs and products thereof.
 4. Fish and products thereof.
 5. Peanuts and products thereof.
 6. Soybeans and products thereof.
 7. Milk and products thereof (including lactose).
 8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, brazil nuts, pistachio nuts, macadamia or queensland nuts and products thereof.
 9. Celery and products thereof.
 10. Mustard and products thereof.
 11. Sesame seeds and products thereof.
 12. Sulphur dioxide and sulphites.
 13. Lupin and products thereof.
 14. Molluscs and products thereof.
- In case of suffering from an allergy or intolerance that is not described in the above 14 categories, please inform us before ordering, calling at 2610643679 ή 2106241850.

Coffee Shop	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Espresso Master Blend 250g														
Espresso Volcano Blend 250g														
Espresso Silk River Blend 250g														
ESPRESSO CLASSICO 250gr														
DECAF Silent Breeze 200g														
DECAF Caramel Breeze 200g														
MICROFARM PAPUA NEW GUINEA KINDENG 200g														

Coffee Shop	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Greek Coffee Special 170g														
Greek Coffee Traditional 170g/84g														
Greek Coffee Dark Roast 170g														
Greek Coffee Decaf 170g														
Greek Coffee Light 170g														

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Filter Coffee Dream Blend 250g														
Filter Coffee Deja Vu Blend 250g														
Filter Coffee Classic 250g														
Hazelnut flavored Filter Coffee 200g														
Caramel flavored Filter Coffee 200g														
Bueno flavored Filter Coffee 200g														
Banoffee flavored Filter Coffee 200g														
Maraschino flavored Filter Coffee 200g														
Decaf Caramel Filter Coffee 200g														

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SINGLE ESTATE COLOMBIA CHOCO-NUTTY RICHNESS 200g														
SINGLE ESTATE ETHIOPIA GUJI WATERCARE 200g														
SINGLE ESTATE BRAZIL ALTA MOGIANA MELLOW CUP 200g														
SINGLE ESTATE PERU SANTA TERESA CEDAR DELIGHT 200g														
SINGLE ESTATE RWANDA WOMEN'S BLOSSOM 200g														
SINGLE ESTATE MEXICO VILLA CORZO DECAF 200g														
SINGLE ESTATE COLOMBIA HUILA 200g														

Coffee Shop	Allergens													
														
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Aluminium Capsules Espresso Serenity (10 pcs)														
Κάψουλες Αλουμινίου Espresso Indonesia Organic (10 pcs)														
Aluminium Capsules Espresso Caramel (10 pcs)														
Aluminium Capsules Espresso Bliss (10 pcs)														
Aluminium Capsules Espresso Peru (10 pcs)														
Aluminium Capsules Espresso Colombia (10 pcs)														
Aluminium Capsules Espresso Euphoria (10 pcs)														
Aluminium Capsules Espresso Affection (10 pcs)														
Aluminium Capsules Espresso Decaf (10 pcs)														
Aluminium Capsules Espresso Vanilla (10 pcs)														
Aluminium Capsules Espresso Banoffee (10 pcs)														
Aluminium Capsules Espresso Panettone (10 pcs)														

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Instant Classic 100g														
Instant Caramel Flavored 100g							•							
Coffeiccino Classic 200g							●							
Chocolate Beverage 250g							•							
Chocolate Beverage Sugar Free 250g							•							
Chocolate Beverage White 250g							●							
Hazelnut Flavored Chocolate Beverage 250g							•							
Salted Caramel Flavored Chocolate Beverage 250g							●							
Chocolate Beverage Strawberry 250g							•							

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Pyramid Green Tea (10 pcs)														
Pyramid Earl Grey (10 pcs)														
PACKAGED HERBS AND SPICES PYRAMIDS - GINGER BLEND (10PCS)														
PACKAGED PYRAMIDS OF HERBS AND SPICES - CINNAMON SPICY (10PCS)														
PACKAGED HERBS AND SPICES PYRAMIDS - FRUITY MELODY (10PCS)														
PACKAGED HERBS AND SPICES PYRAMIDS - RED BERRIES (10PCS)														
PURE HAPPINESS (10 ENVELOPES)														
PURE PEACE (10 ENVELOPES)														
PURE SYMMETRY (10 ENVELOPES)														

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BARU Vanilla chai latte 250g		•					•			•	•		•	
BARU Golden chai latte 250g		•					•			•	•		•	
BARU Pink chai Latte 250g		•					•			•	•		•	
BARU Pumpkin spice latte 250g		•					•			•	•		•	
BARU Matcha Latte 250g		•					•			•	•		•	

Food (Prepacked)

Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Croissant with Hazelnut Praline		●		●			●			●			•	
High Protein Oat Bar with Honey, Yogurt & Cranberries		●		•			●			•	•	•	●	•
Oat Bar with Orange & Cocoa		●		•			•			•	•	•	•	•
Oat Bar with Cocoa & Hazelnut		●		•			•			●	•	•	•	•
Biscuits Stuffed with Praline		●		●			●			●	●	•	●	

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PEAN'UP Wafer with Peanut Butter Filling & Cocoa Cream 45g		●		•			●			•	●	•	●	
PEANUT ROLLS NO ADDED SUGAR 50g		●					●			•	●	•	●	
Soft Cocoa Cookie with Chocolate Chips		●		●		•	•		•	•	•	•	●	
Soft Cookie with Chocolate Chips		●		●		•	•		•	•	•	•	●	
Feta Cake with Vanilla & Cocoa Flavor		●		●			●					•		
Nut Bar with Hazelnut, Cocoa & Raisins		●					•			●	•	•	•	•
Nut Bar with Peanut, Chocolate Drops & Dates		●					•			•	●	•	●	•

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Tsourekaki with hazelnut praline filling		●		●			●			●		•	•	
Protein Bar Peanut and milk chocolate		•		•			●			•	●	•	●	
Digestive bar with milk chocolate		●		•			●		•	•	•	•	●	
ORGANIC HONEY & PISTACHIO PASTELI		•					•			●	•	●	•	•
Butter Cookies with Almond Crocan		●		●		•	●			●	•	•	•	•
ION Milk Chocolate Sticks with Almonds		•					●			●			●	
ION Milk Chocolate Sticks		•					●			•			●	
PROTEIN BAR SALTED CARAMEL		●					•			•	●	•		
NUTRI BAR PEANUT BUTTER		●								•	●	•		

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Arabic Pita with Chicken, Parmesan and Vegetables	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Croissant with Turkey, Edam and Mayonnaise	•	●	•	●	•	•	●	•	•	•	•	•	●	•
Caesar's salad	•	●	•	●	•	•	●	•	●	•	•	•	•	●
Arugula Parmesan Salad	•	•	•	●	•	•	●	•	●	●	•	•	•	•
Sourdough White Baguette with Turkey, Edam and White Sauce with Pickled Cucumber	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Tortilla with Chicken Fillet, Cheese, Vegetables & Mayonnaise	•	●	•	●	•	•	●	•	•	•	•	•	•	•
Cheese Bread with Gruyere, Smoked Pork & Mustard Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	●
Cheese Bread with Chicken Fillet, Cheddar, Red Peppers & Honey Mustard Sauce	•	●	•	•	•	•	●	•	●	•	•	•	•	●
Croissant with Smoked Turkey, Edam & Mustard Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	●
Croissant with Smoked Pork, Cheese and Mustard	•	●	•	●	•	•	●	•	●	•	•	•	●	●

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Multigrain Baguette with Turkey, Gruyere & Sauce with Pickled Cucumber	•	●	•	•	•	•	●	•	•	•	•	●	●	•
Chiapata with Chicken, Cheddar, Red Peppers & Honey Mustard Sauce	•	●	•	•	•	•	●	•	●	•	•	•	•	●
Sourdough Whole Wheat Toast with Banana, Honey & Peanut Butter	•	●	•	•	•	•	•	•	•	●	•	•	•	•
Sourdough Whole Wheat Toast with Turkey, Edam & Thyme Sauce	•	●	•	•	•	•	●	•	•	•	•	•	●	•
Strained Yogurt with Honey, Granola and Forest Fruits	•	●	•	•	•	•	●	•	•	•	•	•	●	•
Tortilla with turkey, cheese and mayonnaise	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Sourdough bun with chicken nuggets, cheese and caesar's sauce	•	●	•	●	●	•	●	•	●	•	•	•	●	•
Arabic pita bread with chicken, parmesan flakes and caesar's sauce	•	●	•	●	●	•	●	•	●	•	•	•	•	•

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Panini Bun with Chicken Nuggets, Edam Cheese and Caesar's Sauce	•	●	•	•	•	•	●	•	●	•	•	•	●	•
Tortilla with Turkey, Edam and Mayonnaise	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Sourdough Toast with Cheese, Pork Shoulder and Yellow Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	●
Arabic Pita with Turkey, Iceberg and Cream Cheese	•	●	•	●	•	•	●	•	•	•	•	•	●	•
Arabic Pita with Chicken, Caesar's Sauce and Parmesan Flakes	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Panini with Chicken, Edam and Caesars's Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Viennese with Pork Shoulder, Edam and Ranch Sauce	●	●	•	●	•	•	●	•	•	•	•	•	●	•
Sourdough Multigrain with Turkey, Edam and Mayonnaise	•	●	•	●	•	•	●	•	•	•	•	●	●	•
Σαλάτα του Chef	●	•	•	●	•	•	●	•	•	•	•	•	●	•
Yogurt Dessert with Honey and Walnuts	•	•	•	•	•	•	●	•	•	●	•	•	•	•

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Sourdough Toast Whole Omelette Feta	•	●	•	●	•	•	●	•	•	•	•	•	•	•
Toast with Chicken, Edam Cheese and Caesar's Sauce	•	●	•	●	•	•	●	•	●	•	•	•	•	●
DAKOS SALAD	•	●	•	•	•	•	●	•	•	•	•	•	•	●
ARABIC FALAFEL PITA AND COLESLAW SALAD (CABBAGE, CARROT AND VEGAN SAUCE)	•	●	•	•	•	•	•	•	•	•	•	•	•	•

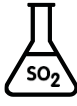
Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Sesame bun with turkey, edam cheese and mayonnaise	•	●		●	•		●		●	•		•	●	
White baguette with chicken, iceberg, chicken sauce	●	●		●	•				●	•			•	
Corn baguette with chicken, parmesan, chicken sauce	●	●		●			●		●	•		•	●	
Arabic pita bread with chicken, carrot, cucumber, mayonnaise sauce	•	●		●	•				●	•		•	●	
Club whole wheat sandwich with turkey, edam cheese, light mayonnaise	•	●		●	•		●		●	•		•	●	
Club sandwich with chicken, carrot, cucumber, mayonnaise sauce	•	●		●	•				●	•		•	•	●
Croissant with turkey, edam cheese, light mayonnaise	•	●		●	•		●		●	•		•	●	
BURGER with burger, cheddar, bacon, burger sauce]	●	●		●	•		●		●	•		•	●	
Viennese baguette with chicken nuggets, gruyere, truffle sauce	•	●		●	•		●		●	•	•	•	•	•
Arugula parmesan salad	•			●	•		●			●		•	•	

Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Caesar salad	•	●		●	•		●		●	•		•	•	
Pasta salad, whole wheat penne with salmon	•	●		●			●					•	•	
Pasta salad, chicken screws, mizithra sauce	•	●			•		●			•		●	●	
Noodle salad, Thai with chicken	•	●		•			●			•		●	●	
Arabic pita bread with chicken nuggets, yellow dirollo and french sauce	•	●			•		●		●	•	•	•	•	●
White baguette with salami, gruyere, light mayonnaise	•	●		●	•		●		●	•			•	
Panini with chicken, bacon, parmesan, caesar's sauce	•	●		●	•	•	●		●	•	•	•	●	•
ZEO sourdough panini with egg, avocado mousse, edam cheese & honey-mustard sauce	•	●		●	•	•	●		●	•	•	•		•
Chicken and basil pesto bows	•	●		●			●		●	●		•	•	
Toast with turkey, edam cheese	•	●			•		●		•	•		•	●	

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Sourdough panini with chicken fillet, bacon, scrambled eggs, french sauce	•	●		●	•		●		●	•		•	●	
Panini with sourdough with prosciutto, parmesan flakes, cream cheese, arugula and mustard sauce	•	●		●	•		●		●	•	•	•		•
Arabic pita bread with turkey, edam cheese, light mayonnaise	•	●		●	•		●		●	•		•	●	
Pretzel ZEO with mortadella En Elladi, parmesan, basil pesto & pistachio from Aegina	•	●		●	•		●		●	●	●		●	•
Whole wheat slices with turkey, gruyere, mayonnaise sauce with mustard	•	●		●	•		●		●	•		•	●	
Whole wheat club with tuna, iceberg and light mayonnaise	•	●		●	●		●		●	•		•	•	

Food (Prepacked)	Allergens													
														
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Madagascar Vanilla Ice Cream				•			⦿			•			•	
Παγωτό Φράουλα				•			⦿			•			•	
Kaimaki Sour Cherry Ice Cream		•					⦿			•			•	
Yogurt Ice Cream Amarena		•		•			⦿			•			•	⦿
Bueno Ice Cream		⦿		•			⦿			⦿			⦿	
Kiunefe Ice Cream		⦿		•			⦿			⦿			•	
Chocolate Ice Cream with Stevia				•			⦿			•			⦿	
Chocolate Parfait Ice Cream		•		⦿			⦿			⦿		•	⦿	
Cream Parfait Ice Cream		•		⦿			⦿			⦿			•	
Caramel Ice Cream		•		•			⦿			•			⦿	
Tiramisu Ice Cream		•		⦿			⦿			•		•		⦿

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HELL ENERGY CLASSIC 250ML,500ML														
HELL ENERGY APPLE 250ML														
HELL ENERGY CHERRY 250ML														
HELL ZERO WHITE PEACH 250 ML														
XIXO TUTTI FRUITY 250ML														
XIXO TUTTI FRUITY APPLE 250ML														
XIXO TUTTI FRUITY BLACK CHERRY 250ML														
POMEGRANATE-BLUEBERRY-RASPBERRY JUICE WITHOUT ADDED SUGAR (250ML)														
ORANGE-APPLE-CARROT JUICE WITHOUT ADDED SUGAR (250ML)														
SOUR CHERRY JUICE WITHOUT ADDED SUGAR (250ML)														
JUICE OF 9 FRUITS WITH 7 VITAMINS WITHOUT ADDED SUGAR (250ML)														

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VIKOS ORANGE														
VIKOS ORANGE carbon-free														
VIKOS LEMON														
VIKOS CHERRY														
VIKOS GAZOZA														
VIKOS COLA														●
VIKOS COLA STEVIA														●
VIKOS COLA ZERO														●
VIKOS TONIC														
VIKOS SODA														
VIKOS PINK GRAPEFRUIT														

Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
VIKOS COOL TEA LEMON														
VIKOS COOL TEA PEACH														
VIKOS COOL TEA GREEN LEMON ZERO SUGAR														
μ. PREMIUM ARTISAN LEMON CARBONATED WATER														
KEFIR							●							
KEFIR STRAWBERRY							●							
KEFIR LACTOSE FREE WITH PEACH							●							
ARIANI							●							
MEVGAL MILK DRINK WITH VANILLA HIGH PROTEIN							●							
MEVGAL MILK DRINK WITH BANANA HIGH PROTEIN							●							
MILK-CAKE MILKA		●		●			●			•			●	

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TRADITIONAL GOAT YOGURT							●							
STRAINED MEVGAL YOGURT							●							
STRAINED YOGURT 2% MEVGAL							●							
Crème Caramel		●					●							
Crème Chocolate		●					●						●	
HARMONY 1% LEMON							●							
HARMONY 1% STRAWBERRY							●							
HARMONY GOURMET ORANGE & CHOCOLATE FLAKES		•		•			●			•		•	●	
HARMONY GOURMET SALTED CARAMEL & BELGIAN DARK CHOCOLATE		•		•			●			•		•	●	
Politiko Rice Pudding		●					●							

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Gold Fruit COOKIES VANILLA		●		•			•			•	•	•	●	•
Gold Fruit COOKIES COCOA		●		•			•			•	•	•	●	•
Gold Fruit COOKIES CINNAMON-CRANBERRIES		●					•			•	•	•	•	•
Gold Fruit COOKIES LEMON		●		•			•			•		•	•	•
Gold Fruit COOKIES STRAWBERRY		●		•			●			•		•	•	•
Gold Fruit COOKIES FOREST FRUITS		●		•			•			•		•	•	•
Gold Fruit COOKIES DUBAI STYLE		●		•			•			•	•	•	●	•
Gold Fruit COOKIES WATERMELON		●		•			•			•		•	●	•
Gold Fruit COOKIES SAMPLE MIX		●		•			•			•	●	•	●	•
Gold Fruit mini SOFT COOKIES CHOCOLATE		●		●			•			•		•	•	•
Gold Fruit mini SOFT COOKIES BISCUIT		●		●			•			•		•	●	•

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Gold Fruit mini SOFT COOKIES RED VELVET		●		●						•		•	•	•
Gold Fruit mini SOFT COOKIES APPLE CINNAMON		●		●			•			•		•	•	•
Gold Fruit mini SOFT COOKIES SOFT DUBAI		●		•			•			•		•	●	•
JAR MIX CHEESECAKE		●		•		•	●		•	•	•	•	●	•
JAR MIX RED VELVET		●		●		•	●		•	•	•	•	●	•
JAR MIX OREO		●		●		•	●		•	•	•	•	●	●
JAR MIX BAKLAVA		●		•		•	●		•	●	•	•	●	●
JAR MIX BANOFFEE		●		•		•	●		•	•	•	•	●	•
JAR MIX SPECULOOS		●		•		•	●		•	•	•	•	●	•
JAR MIX EKMEK		●		•		•	●		•	•	•	•	●	●
JAR MIX PRALINE		●		●		•	●		•	●	•	•	●	●

Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
JAR MIX PINK MAMA STRAWBERRY CRUMBLE		●		●		•	●		•	•	•	•	●	●
JAR MIX LEMON		●		•		•	●		•	•	•	•	•	●
JAR MIX PROFITEROL		●		●		•	●		•	•	•	•	●	•
Gold Fruit BREADSTICK SESAME		●		•			●			•		●	●	•
Gold Fruit BREADSTICK SUNFLOWER SEED		●		•			●			•		•	●	•
Gold Fruit BREADSTICK MULTI-SEED		●		•			●			•		•	●	•
Gold Fruit BREADSTICK PRETZEL		●		•			●			•		•	●	•
Gold Fruit BREADSTICK SPINACH		●		•			●			•		•	●	•
Gold Fruit BREADSTICK TOMATO		●		•			●			•		•	●	•
Gold Fruit BREADSTICK CORN		●		•			●			•		•	●	•
Gold Fruit BREADSTICK KEFALOTYRI CHEESE		●		•			●			•		•	●	•

Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Gold Fruit BREADSTICK MIX (SPINACH,TOMATO, PRETZEL, SPICY)		●		•			●			•		•	●	•
MINI PANETTONE WITH CHOCOLATE CHIPS (Xmas2025)		●		●			●		•	•			●	
FLAPJACK OAT BAR ORANGE & DARK CHOCOLATE FLAVOURED (Xmas2025)		●					●			•	•		●	●
CINNAMON COOKIE BITES (Xmas2025)		●		•		•	•			•	•	•	●	•
Melomakarona 200gr Cup Xmas2025		●		•			•			●	•	•	•	•
Melomakarona with Milk Chocolate 220gr Cup Xmas2025		●		•			●			●	•	•	●	•
Melomakarona with Bitter Chocolate 220gr Cup Xmas2025		●		•			•			●	•	•	●	•
Kourabies 130gr Cup Xmas2025		●		•			●			●	•	•	•	•
APPLE PIE		●		•			•			•	•	•		