

ALLERGENS CHAT



THE COFFEE ISLAND
FOOD PROJECT
sweet & salty

- A. For prepackaged foods, please find in the following table relevant allergens information.
- B. For non-packaged foods, due to the use of common areas and shared equipment in the preparation, display and service in the store, we cannot guarantee that these products are free from the following categories of allergens:
 1. Cereals, containing gluten, namely: wheat, rye, barley, oats and products thereof.
 2. Crustaceans and products thereof (shrimps, lobsters, shells etc).
 3. Eggs and products thereof.
 4. Fish and products thereof.
 5. Peanuts and products thereof.
 6. Soybeans and products thereof.
 7. Milk and products thereof (including lactose).
 8. Nuts, namely: almonds, hazelnuts, walnuts, cashews, pecan nuts, brazil nuts, pistachio nuts, macadamia or queensland nuts and products thereof.
 9. Celery and products thereof.
 10. Mustard and products thereof.
 11. Sesame seeds and products thereof.
 12. Sulphur dioxide and sulphites.
 13. Lupin and products thereof.
 14. Molluscs and products thereof.
- In case of suffering from an allergy or intolerance that is not described in the above 14 categories, please inform us before ordering, calling at 2610643679 ή 2106241850.

Coffee Shop	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fish	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Espresso Master Blend 250g														
Espresso Volcano Blend 250g														
Espresso Silk River Blend 250g														
Ethiopia Guji 200g														
Honduras La Paz 200g														
India Valparai 200g														
Greek Coffee Special 170g														
Greek Coffee Traditional 170g														
Greek Coffee Dark Roast 170g														
Greek Coffee Decaf 170g														
Day Dream Blend 250g														
Deja Vu Blend 250g														
Silent Breeze 200g														
Caramel Breeze 200g														
Biscuit flavored Filter Coffee 200g														

Coffee Shop	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Instant Classic 100g		•					•			•			•	
Instant Caramel Flavored 100g		•					•			•			•	
Coffeiccino Classic 200g		•					●			•			•	
Aluminium Capsules Espresso Bliss (10 pcs)														
Aluminium Capsules Espresso Euphoria (10 pcs)														
Aluminium Capsules Espresso Affection (10 pcs)														
Aluminium Capsules Espresso Colombia (10 pcs)														
Aluminium Capsules Espresso Peru (10 pcs)														
Aluminium Capsules Espresso Compassion (10 pcs)														
Pyramid Green Tea (10 pcs)														
Pyramid Earl Grey (10 pcs)														
Pyramid English Breakfast (10 pcs)														
Pyramid Ginger Blend Herbal Tea (10 pcs)														

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Pyramid Cinnamon Spicy Herbal Tea (10 pcs)														
Chocolate Beverage 250g							•							
Chocolate Beverage Sugar Free 250g							•							
Chocolate Beverage White 250g							●							
Chocolate Beverage with Hazelnut Flavor 250g							•							
Chocolate Beverage with Salted Caramel 250g							●							
Chocolate Beverage Strawberry 250g							•							
Banoffee flavored Filter Coffee 200g														
Bueno flavored Filter Coffee 200g														
Chocolate Beverage with Cinnamon and Orange flavor 250g							•							

Food (Prepacked)	Allergens													
														
	Celery	Cereal (Gluten)	Crustaceans	Eggs	Fist	Lupin	Milk (Lactose)	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soy	Sulfur Dioxide
Croissant with Hazelnut Praline		●		●			●			●			•	
High protein Oat Bar with Honey, Yogurt and Cranberries		●		•			●			•	•	•	●	•
Oat Bar with Orange and Cocoa		●		•			•			•	•	•	•	•
Oat Bar with Cocoa and Hazelnuts		●		•			•			●	•	•	•	•
Biscuits with Praline filling		●		●			●			●	●	•	●	
Bitter Chocolate with Sweeteners		•		•			•			•	•	•	•	•

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Milk Chocolate		•		•			⦿			•	•	•	⦿	•
Salted Caramel flavored Chocolates		•					⦿			•			⦿	
Pean Up Wafer with Peanut Butter and Bitter Cream filling		⦿		•			⦿			•	⦿	•	⦿	
Butter Cookies with Almond Crunch		⦿		⦿		•	⦿			⦿	•	•	•	•
Christmas Biscuits with Chocolate coating and Peanut Crunch		⦿		•			•			•	⦿	•	⦿	
Chocolate Soft Cookie with Chocolate Chips		⦿		⦿		•	•		•	•	•	•	⦿	
Soft Cookie with Chocolate Chips		⦿		⦿		•	•		•	•	•	•	⦿	
Cake Slice with Vanilla and Cocoa flavor		⦿		⦿			⦿					•		

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Nut Bar with Hazelnut, Cocoa and Raisins		●					•			●	•	•	•	•
Nut Bar with Peanut, Chocolate Drops & Dates		●					•			•	●	•	●	•
Mini brioche with hazelnut cream filling		●		●			●			●		•	•	
Protein Bar Peanut and milk chocolate		•		•			●			•	●	•	●	
Digestive bar with milk chocolate		●		•			●		•	•	•	•	●	
ORGANIC HONEY & PISTACHIO SESAME BAR		•					•			●	•	●	•	•

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Butter Cookies with Almond Crocan		●		●		•	●			●	•	•	•	•
ION sticks Milk chocolate with Almonds		•					●			●			●	
ION Sticks Milk chocolate		•					●			•			●	
PROTEIN BAR SALTED CARAMEL		●					•			•	●	•		
NUTRI BAR PEANUT BUTTER		●								•	●	•		

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Baguette with Chicken and Cheddar Sauce	•	●	•	•	•	•	●	•	●	•	•	•	•	●
Arabic pie with Chicken, Parmesan and Vegetables	•	●	•	●	•	•	●	•	●	•	•	•	•	●
Croissant with Turkey, Edam and Mayonnaise	•	●	•	●	•	•	●	•	•	•	•	•	●	•
Caesar Salad	•	●	•	●	•	•	●	•	●	•	•	•	•	●
Arugula Parmesan Salad	•	•	•	●	•	•	●	•	●	●	•	•	•	•
Wheat Baguette with Turkey, Edam & Cucumber Pickle White Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	●
Tortilla with Chicken Fillet, Vegetables & Mayonnaise	•	●	•	●	•	•	●	•	•	•	•	•	•	•
Cheesebread with Gruyere, Smoked Ham & Mustard Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	●
Cheesebread with Chicken Fillet, Cheddar, Red Peppers and Honey & Mustard Sauce	•	●	•	•	•	•	●	•	●	•	•	•	•	●

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Croissant with Smoked Turkey, Edam & Mustard Sauce	.	●	.	●	.	.	●	.	●	.	.	.	●	●
Croissant with Smoked Pork, Cheese and Mustard	.	●	.	●	.	.	●	.	●	.	.	.	●	●
Multigrain Baguette with Turkey, Gruyere & Cucumber Pickle Sauce	.	●	.	.	.	.	●	.	.	.	.	●	●	.
Chiapatta with Chicken, Cheddar, Red Peppers and Mustard & Honey Sauce	.	●	.	.	.	.	●	.	●	.	.	.	.	●
Sourdough Wholemeal Toast with Banana, Honey & Peanut Butter	.	●	.	.	.	.	.	.	.	●	.	.	.	.
Tortilla with Turkey, Edam & Light Mayonnaise	.	●	.	●	.	.	●	.	●	.	.	.	●	.
Sourdough Wholegrain Toast with Turkey, Edam & Thyme Sauce	.	●	.	.	.	.	●	.	.	.	.	.	●	.
Strained Yogurt with Honey, Granola and Forest Fruits	.	●	.	.	.	.	●	.	.	.	.	.	●	.
Tortilla with Turkey, Cheese & Mayonnaise	.	●		●	.	.	●		●	.	.	.	●	.
Sourdough Bread with Chicken Nuggets, Cheese and Caesar's Sauce	.	●		●	●	.	●		●	.	.	.	●	.

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Bagel with Herbs, Mozzarella, Cherry Tomatoes and Basil Pesto	•	●		●	•	•	●		●	●	•	•	•	•
Pita Bread with Chicken, Parmesan Flakes and Caesar’s Sauce	•	●		●	●	•	●		●	•	•	•	•	•
Panini Bread with Chicken Nuggets, Edam Cheese and Caesar’s Sauce	•	●	•	•	•	•	●	•	●	•	•	•	●	•
Tortilla with Turkey, Edam Cheese and Mayonnaise	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Sourdough Toast with Cheese, Ham and Yellow Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	●
Pita Bread with Turkey, Iceberg and Cream Cheese	•	●	•	●	•	•	●	•	•	•	•	•	●	•
Pita Bread with Chicken, Caesar’s Sauce and Parmesan Flakes	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Panini Bread with Chicken, Edam Cheese and Caesar’s Sauce	•	●	•	●	•	•	●	•	●	•	•	•	●	•
Viennese Baguette with Ham, Edam Cheese and Ranch Sauce	●	●	•	●	•	•	●	•	•	•	•	•	●	•
Sourdough Multigrain Baguette with Turkey, Edam Cheese and Mayonnaise	•	●	•	●	•	•	●	•	•	•	•	●	●	•

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Chef Salad	●	•	•	●	•	•	●	•	•	•	•	•	●	•
Yogurt Dessert with Honey and ground Walnuts	•	•	•	•	•	•	●	•	•	●	•	•	•	•
Sourdough Multigrain Toast with Omelette and Feta Cheese	•	●	•	●	•	•	●	•	•	•	•	•	•	•
Toast with Chicken, Edam Cheese and Caesar's Sauce	•	●	•	●	•	•	●	•	●	•	•	•	•	●
Ntakos Salad	•	●	•	•	•	•	●	•	•	•	•	•	•	●
Pita Bread and Coleslaw Salad (cabbage, carrot and Vegan Sauce)	•	●	•	•	•	•	•	•	•	•	•	•	•	•

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Sesame bun with turkey, edam cheese and mayonnaise	•	●		●	•		●		●	•		•	●	
White baguette with chicken, iceberg, chicken sauce	●	●		●	•				●	•			•	
Corn baguette with chicken, parmesan, chicken sauce	●	●		●			●		●	•		•	●	
Arabian pita with chicken, carrot, cucumber, mayonnaise sauce	•	●		●	•				●	•		•	●	
Whole wheat club sandwich with turkey, edam cheese, light mayonnaise	•	●		●	•		●		●	•		•	●	
Club sandwich with chicken, carrot, cucumber, mayonnaise sauce	•	●		●	•				●	•		•	•	●
Croissant with turkey, edam cheese, light mayonnaise	•	●		●	•		●		●	•		•	●	
BURGER with burger, cheddar, bacon, burger sauce]	●	●		●	•		●		●	•		•	●	
Viennese baguette with chicken nuggets, gruyere, truffle sauce	•	●		●	•		●		●	•	•	•	•	•
Arugula parmesan salad	•			●	•		●			●		•	•	

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Caesar salad	•	●		●	•		●		●	•		•	•	
Pasta salad, whole wheat penne with salmon	•	●		●			●					•	•	
Pasta salad, screws with chicken, cheese sauce	•	●			•		●			•		●	●	
Pasta salad, Thai with chicken	•	●		•			●			•		●	●	
Arabic pie with chicken nuggets, yellow dirollo and french sauce	•	●			•		●		●	•	•	•	•	●
White baguette with salami, gruyere, light mayonnaise	•	●		●	•		●		●	•			•	
Panini with chicken, bacon, parmesan, caesar's sauce	•	●		●	•	•	●		●	•	•	•	●	•
Panini from ZEO sourdough with egg, avocado mousse, edam cheese & honey-mustard sauce	•	●		●	•	•	●		●	•	•	•		•
Bows with chicken and basil pesto	•	●		●			●		●	●		•	•	
Toast with turkey, edam cheese	•	●			•		●		•	•		•	●	

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Panini with sourdough with chicken fillet, bacon, scrambled eggs, french sauce	•	●		●	•		●		●	•		•	●	
Panini with sourdough with prosciutto, parmesan flakes, cream cheese, rocket and mustard sauce	•	●		●	•		●		●	•	•	•		•
Arabic pie with turkey, edam cheese, light mayonnaise	•	●		●	•		●		●	•		•	●	
Pretzel ZEO with mortadella, parmesan, basil pesto & Aegina pistachio	•	●		●	•		●		●	●	●		●	•
Whole wheat slices with turkey, gruyere, mayonnaise sauce with mustard	•	●		●	•		●		●	•		•	●	
Whole wheat club with tuna, iceberg and light mayonnaise	•	●		●	●		●		●	•		•	•	

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Ice Cream Madagascar Vanilla				•			⦿			•			•	
Ice Cream Strawberry				•			⦿			•			•	
Ice Cream Kaymak & Sour Cherry		•					⦿			•			•	
Ice Cream Yogurt Amarena		•		•			⦿			•			•	⦿
Ice Cream Bueno		⦿		•			⦿			⦿			⦿	
Ice Cream Kunefe		⦿		•			⦿			⦿			•	
Ice Cream Chocolate with Stevia				•			⦿			•			⦿	
Ice Cream Chocolate Parfait		•		⦿			⦿			⦿		•	⦿	
Ice Cream Parfait Cream		•		⦿			⦿			⦿			•	
Ice Cream Caramel		•		•			⦿			•			⦿	
Ice Cream Tiramisu		•		⦿			⦿			•		•		⦿

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HELL ENERGY CLASSIC 250ML,500ML														
HELL ENERGY APPLE 250ML														
HELL ENERGY CHERRY 250ML														
HELL ZERO WHITE PEACH 250 ML														
XIXO TUTTI FRUITY 250ML														
XIXO TUTTI FRUITY APPLE 250ML														
XIXO TUTTI FRUITY BLACK CHERRY 250ML														
POMEGRANATE-BLUEBERRY-RASPBERRY JUICE WITHOUT ADDED SUGAR (250ML)														
ORANGE-APPLE-CARROT JUICE WITHOUT ADDED SUGAR (250ML)														
CHERRY JUICE WITHOUT ADDED SUGAR (250ML)														
9 FRUIT JUICE WITH 7 VITAMINS WITHOUT ADDED SUGAR (250ML)														

● : Allergen present
 • : Allergen traces may be present

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VIKOS ORANGE														
VIKOS ORANGE carbon-free														
VIKOS LEMON														
VIKOS CHERRY														
VIKOS GAZOZA														
VIKOS COLA														●
VIKOS COLA STEVIA														●
VIKOS COLA ZERO														●
VIKOS TONIC														
VIKOS SODA														
VIKOS PINK GRAPEFRUIT														

● : Allergen present
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VIKOS COOL TEA LEMON														
VIKOS COOL TEA PEACH														
VIKOS COOL TEA GREEN LEMON ZERO SUGAR														
μ. PREMIUM ARTISAN LEMON CARBONATED WATER														
KEFIR							●							
KEFIR STRAWBERRY							●							
KEFIR LACTOSE FREE WITH PEACH							●							
ARIANI							●							
MEVGAL MILK DRINK WITH VANILLA HIGH PROTEIN							●							
MEVGAL MILK DRINK WITH BANANA HIGH PROTEIN							●							
MILK-CAKE MILKA		●		●			●			•			●	

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TRADITIONAL GOAT YOGURT							●							
STRAINED MEVGAL YOGURT							●							
STRAINED YOGURT 2% MEVGAL							●							
Crème Caramel		●					●							
Crème Chocolate		●					●						●	
HARMONY 1% LEMON							●							
HARMONY 1% STRAWBERRY							●							
HARMONY GOURMET ORANGE & CHOCOLATE FLAKES		•		•			●			•		•	●	
HARMONY GOURMET SALTED Caramel & BELGIAN DARK CHOCOLATE		•		•			●			•		•	●	
Politiko Rice Pudding		●					●							

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Gold Fruit COOKIES VANILLA		●								•	•	•	●	
Gold Fruit COOKIES COCOA		●		•			•			•	●	•	●	•
Gold Fruit COOKIES CINNAMON		●								•	•	•	•	
Gold Fruit COOKIES LEMON		●		•			•			•		•	•	•
Gold Fruit COOKIES STRAWBERRY		●		•			●			•		•	•	•
Gold Fruit COOKIES FOREST FRUITS		●		•			•			•		•	•	•
Gold Fruit COOKIES PISTACHIO DUBAI		●		•			•			•		•	●	•
Gold Fruit COOKIES WATERMELON		●		•			•			•		•	●	•
Gold Fruit COOKIES SAMPLE MIX		●		•			•			•	●	•	●	•
Gold Fruit mini SOFT COOKIES CHOCOLATE		●		●			•			•		•	•	•
Gold Fruit mini SOFT COOKIES BISCUIT		●		●			•			•		•	●	•

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Gold Fruit mini SOFT COOKIES RED VELVET		●		●						.		.	.	.
Gold Fruit mini SOFT COOKIES APPLE CINNAMON		●		●			.			.		.	.	.
Gold Fruit mini SOFT COOKIES SOFT DUBAI		●		.			.			.		.	●	.
JAR MIX CHEESECAKE		●		.		.	●		.	.	.	.	●	.
JAR MIX RED VELVET		●		●		.	●		.	.	.	.	●	.
JAR MIX OREO		●		●		.	●		.	.	.	.	●	●
JAR MIX BAKLAVA		●		.		.	●		.	●	.	.	●	●
JAR MIX BANOFFEE		●		.		.	●		.	.	.	.	●	.
JAR MIX SPECULOOS		●		.		.	●		.	.	.	.	●	.
JAR MIX EKMEK		●		.		.	●		.	.	.	.	●	●

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JAR MIX PRALINE		●		●		•	●		•	●	•	•	●	●
JAR MIX PINK MAMA STRAWBERRY CRUMBLE		●		●		•	●		•	•	•	•	●	●
JAR MIX LEMON		●		•		•	●		•	•	•	•	•	●
JAR MIX PROFITEROL		●		●		•	●		•	•	•	•	●	•